





## Abstract

In Libya, there is no constitutional protection for marriages or a healthy environment or positive care for children. Unfortunately, poverty, lack of family awareness, and the rush to marriage, such as what happened when they decided to grant marriage grants in the year 2022 within a short period of time, which led a large number of young people to marry in the hope of making money, and other reasons of this nature, led to an increase in the challenges of marriage and showed an increase in marriage. Divorce rates. The purpose of this paper is to find out the consequences that children from broken families face in Libya, especially the city of Al-Bayda, and to suggest treatments to overcome these fears among children, especially the psychological situation. Conclusions are made on the basis of a narrative literature review to highlight consequences and solutions. Increasing divorce rates have also become common in Libya, which has led to poor development of children and their entry into complex psychological disorders, which has added negative factors to children's personalities. The results are worse if domestic violence and ongoing conflicts occur between parents. These children suffer from psychological disorders that continue throughout their lives. Marriage challenges have affected the dropout rate across the world including Libya and have led to a lower literacy rate for the new generation. Moreover, in the event of parental separation, children have additional freedom to indulge in social networking sites, and this can lead to smoking at an early age, or lead to the emergence of undesirable personalities in their personalities, which later leads to acts of deviance, crime, or Joining terrorist groups. In order to overcome these vulnerabilities that arise in children due to lack of parental attention due to separation, some remedial strategies like adult supervision, counseling sessions, strong policies, financial assistance, government support and education etc. have been suggested in a later part of this research.

**Keywords:** Libya, psychological, children, family.













freedom to use social networking sites, which can result in the development of undesirable personalities in them that can later manifest as criminal activity and deviant behavior. Since using mobile phones and the Internet is so affordable, kids can now easily access social media. Without parental supervision, kids pick up a lot of immoral lessons that ruin their personalities and increase their risk of developing psychological disorders, such as suicide(25).

## 5. Discussion and Conclusion

According to the articles' review, families are a crucial institution that aids in children's development into responsible, healthy adults. On the other hand, the rising rate of disintegration has stunted children's growth and led to the emergence of insecurities, trust issues, criminal tendencies, immoral behavior, psychological problems, and educational failure. Children who experience parental separation have more latitude to use social media, which can result in the development of negative traits in their personalities. Not only are these detrimental effects on children's development transient, but they also endure and persist long after the child grows into an adult.

In order to lower the divorce rate and build a thriving, nurturing, and forward-thinking society, cultural and social reforms are imperative. The suggestions listed below are based on the findings.

## 6. Recommendations

The purpose of this essay is to draw attention to the negative effects and suffering that children experience following a family breakup or breakup in a variety of areas of life, including psychology, physical fitness, educational attainment, and marital decision-making. Studies have unequivocally demonstrated that children from intact families have higher capacities and stronger emotions, while children from broken families are exposed to more traumatic situations(26).

- As advised by (27) to reduce divorce rates, some adjustments to societal and cultural norms must be made. Education is necessary to prevent early and forced marriages because it will enable victims to articulate and support their reservations and



convictions with more convincing arguments. It is advised that marriages take place between families of equal status because inequality causes problems and disputes for spouses trying to adjust to one another, which ultimately leads to the breakdown of a relationship(28).

- To help the child overcome the weaknesses that have developed in their personality as a result of their parent's absence, the parent should make the necessary arrangements so that the child can meet other elder family members, such as grandparents, uncles, and aunts. The child's social circle, which consists of family, neighbors, and friends, is crucial in helping the child develop skills like making decisions and judgments, acting responsibly while participating in social situations, and gaining respect, all of which shield the child from harmful influences. Of lack, discontent, and uncertainty(29).
- Counselors in the community can help children whose parents have separated emotionally and provide them direction. A counselor can offer social services to help deal with stigma and assist estranged family members in finding local resources(30). Similarly, awareness training can help find strategies for overcoming trauma and enhance both physical and mental health(31).
- The absence of a parent has left a void in the child's personality. Routine visits should be established to fill this space and reassure the child that their parents are always there to meet their needs(32).
- Allah does not like it when relationships end in divorce, but it is acceptable in some cases because there are no other options and no other solution(33).



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